

Princess Fun Facts

A Disney Princess knows how to sing and enjoys music—especially Aurora, who was graced with the ‘Gift of Song’ by the Good Fairy Fauna.

Just as you see in SLEEPING BEAUTY, the castle where a princess lived was often built on a hill above a town.

The bed in which a princess would sleep was often surrounded by curtains. This helped the royal “SLEEPING BEAUTY” stay warm in the drafty castle

If you happen to meet a princess, curtsy if you are a girl or bow if you are a boy.

A princess’s royal bedchamber was often very small. Since castles were made of stone, they were cold, so a smaller room was warmer and less open to drafts.

It’s a good thing Disney Princesses are friendly with small animals.
Real castles usually had mice!

The usual way to address a princess is “Your Highness,” as in
“That’s a beautiful pink...I mean, blue gown, Your Highness.”

Princesses enjoyed delicious desserts called "subtleties." Made of sugar and jam, subtleties were sculptured in the form of animals and heroes.

It was easy for a princess to keep clean. There was running water in her castle, thanks to a cistern on the roof which provided water to all the sinks in the fortress.

Princesses enjoyed playing games, especially cards, backgammon, and chess—
all games you can play today!

Little princesses enjoyed playing with toys.
Playthings might include ceramic dolls or miniature cooking utensils.

A princess might have the floor of the castle’s great dining hall strewn with flowers and sweet-smelling herbs. Not only did the flower look beautiful and smell good, their perfume drove out the smell of the spicy food that was often served!

A princess rarely found carpets on the floors of the castle, but there were often fabrics hung on the walls.
These wall-coverings were called tapestries, and often had pictures and designs woven into them.

After an evening banquet in the great hall, a princess would often join her ladies-in-waiting in another room to sew, chat, sing, or to tell stories and fairy tales.

Like princes, some princesses also enjoyed hunting—maybe just because princesses like to ride horses.

Princesses enjoyed beautiful clothes, and their garments were often made of linen, silk and velvet.

In the mid 14th Century, the gowns often worn by princesses and other noble ladies were very long and widened toward the hem.

